



KELLER ARMY COMMUNITY HOSPITAL SELF-CARE PROGRAM TREATMENT OPTIONS FOR SYMPTOMS/CONDITIONS**



1. By signing this form, I certify the following:

- a) I do not wish to see a physician at this time.
- b) I have no need for medical advice.
- c) I will take medication according to labeled manufacturer's instructions only.
- d) I am not using this medication listed for symptoms that have not resolved despite a visit to Mologne Health Clinic for this illness.
- e) I have not taken an OTC medication in the past 14 days and will not take any other OTC medications while on the medication I am about to receive.
- f) I am familiar with the Self-Care Class on the Keller ACH internet site under Pharmacy tab titled: SELF-CARE: OVER-THE-COUNTER (OTC) MEDICATIONS.

2. I fully understand that the OTC medication is only for my use in acute minor illness. If symptoms persist, worsen, or do not improve within 48 hours, I will consult a medical provider.

3. Further, I certify that I am NOT:

- (a) on flight status
- (b) pregnant
- (c) allergic to any of the medications selected
- (d) taking medications for high blood pressure
- (e) using herbal/muscle enhancing supplements

I also verify that I am requesting treatment option(s) Voluntarily.

1. What ALLERGIES, to include Medications, do you have?

2. What Medicines are you presently taking?

3. Have you been seen within the past three days for the same symptoms? _____YES _____NO

Print Name: _____ Signature: _____

Sponsor's Last Four SSN: _____ DOB _____ SEX: M or F (circle)